Stephen Doh Fia

Associate Professor · Department of Guidance and Counselling
University of Cape Coast

Google Scholar scholar.google.com/citations?user=3v02GmcAAAAJ&hl=en · Profile scholar.ucc.edu.gh/staff/820d76ba-d675-4bfc-b623-1080cb07155f

RESEARCH

Interests	Guidance and Counselling · Marital Counselling · Personality counselling
Areas	Clinical Psychology · Social Psychology · Education · Sociology and Political Science · Demography · Anthropology

RESEARCH SUMMARY

21	39	4	1	0.78	7%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 21 publications listed below, 2008–2025. Field-weighted impact is the mean over the 14 works scored for it; 1.00 is the world average for works of the same field, type and year. 1 of the 14 papers scored for it are among the world's most cited tenth for their field, type and year.

PUBLICATIONS

Journal articles 21

1. Joshua Adebesi Omotosho, Eugene Kwarteng-Nantwi, Caleb O. Ogunkunle, **Stephen Doh Fia**, Sylvia K. Ocansey, Sylvia Eyiah-Bediako, Pious Jojo Adu-Akoh (2025). Africans' Reconciliation and Reconstruction: A Necessary Response to Emerging Neo-Enslavement and Its Threats to Human Dignity. *Open Journal of Social Sciences*. https://doi.org/10.4236/jss.2025.133002
2. Isaac Gyasi, **Stephen Doh Fia**, Sylvia Eyiah-Bediako (2025). Influence of Stress and Burnout on Job Performance of Rural Bank Workers in the Upper Denkyira East Municipality. *International Journal of Humanity and Social Sciences*. https://doi.org/10.47941/ijhss.2598
3. Sylvia EYIAH-BEDIAKO, Joshua Adebisi OMOTOSHO, **Stephen Doh FIA**, Josephine Anterkyi BENTIL, Joy Olive BOYE, Kyeremeh Tawiah DABONE (2025). Moderating Role of Gender in the Influence of Peer Pressure on Adolescents' Sexual Adventurism in Ghana. *Ilorin Journal of Education*. https://ije.unilorinedu.sch.ng/index.php/ije/article/view/302
4. Kwame W. Nkrumah, Joshua A. Omotosho, **Stephen Doe Fia**, Koawo A. Edjah (2024). "To be or not To be?" Reasons for Engaging in Commercial Sex Work in the Cape Coast Metropolis, Ghana. *Ghana Journal of Education Issues and Practice (GJE)*. https://doi.org/10.47963/gje101865
5. Josephine Anterkyi Bentil, Joy Olive Boye, Sylvia Eyiah-Bediako, **SD Fia**, Kyeremeh Tawiah Dabone, Ayamba Ben Bishop Nyanihorba, Benedicta Ama Adom-mensah, Theresa Dede Lawer (2023). Perceived impacts of acceptance, conversation and inheritance issues on relationships happiness among couples in Kumasi Metropolis, Ghana. *African Social Science and Humanities Journal*. https://doi.org/10.57040/asshj.v4i1.344
6. Dominic Owusu, Francis Arthur, Anthony Kwabena Nkyi, Mark Owusu Amponsah, Godwin Awabil, **Stephen Doe Fia**, Kwasi Otopa Antiri (2023). Profiling Differences in Burnout Among Senior High School Teachers in Ghana Based on Their Demographic Characteristics. *International Journal of Changes in Education*. https://doi.org/10.47852/bonviewijce32021809
7. Benedicta Ama Adom-Mensah, Joshua A. Omotosho, Kwasi Otopa Antiri, **Stephen Doh Fia** (2023). Reduction of Suicide Ideation by the use of Cognitive Behavioural Therapy and Individual Psychology among Undergraduate Students of University of Cape Coast, Ghana. *Journal of Advanced Psychology*. https://doi.org/10.47941/japsy.1239

8. **Stephen Doh Fia**, Charles Fosu Ayarkwa, Thomas Obuobi-Ayim (2022). Causes, Effects and Management of Science Anxiety among Senior High School Students in Old Tafo Municipality of Ghana. *Open Journal of Psychology*. https://doi.org/10.31586/ojp.2022.384

9. **Stephen Doh Fia**, Charles Fosu-Ayarkwa, Benedicta Baidoo (2022). Effects of Stress on the Job Performance of Psychiatric Nurses. *Open Journal of Psychology*. https://doi.org/10.31586/ojp.2022.395

10. **Stephen Doh Fia**, Charles Fosu-Ayarkwa, Bismarck Kusi (2022). Impact of Stress and Burnout on Quality of Life of Pastors. *Universal Journal of Social Sciences and Humanities*. https://doi.org/10.31586/ujssh.2022.388

11. Gabriel Kumah, **Stephen Doh-Fia**, Eugene Kwarteng-Nantwi, Joshua A. Omotosho (2022). Influence of programme of study on the adjustment challenges faced by Colleges of Education Students in Eastern region, Ghana. *Ghana Journal of Education Issues and Practice (GJE)*. https://doi.org/10.47963/gje81330

12. John Sedofia, **Stephen Doh Fia**, Cecilia Tutu-Danquah (2022). Using phenomenography to unearth factors influencing the delivery of guidance services. *Counselling and Psychotherapy Research*. https://doi.org/10.1002/capr.12565

13. **Stephen Doh Fia**, Joshua Adebisi Omotosho, J Sedofia (2020). EFFECTIVENESS OF COGNITIVE BEHAVIOURAL THERAPY AND INTEGRATIVE BEHAVIOURAL COUPLE THERAPY IN REDUCING MARITAL DISTRESS AMONG CHRISTIAN COUPLES IN CAPE COAST METROPOLIS, GHANA. *Ilorin Journal of Education*. https://ije.unilorinedu.sch.ng/index.php/ije/article/view/28

14. **Stephen Doh Fia** (2020). Efficacy of Integrative Behavioural Couples Therapy and Cognitive Behavioural Therapy in Reducing Conflict and Violence-Related Marital Distress. *European Scientific Journal ESJ*. https://doi.org/10.19044/esj.2020.v16n20p66

15. **Stephen Doh Fia**, Sylvester Loshar-Woyram (2020). Family stressors and depression among women in the Ketu-South Municipality in the Volta region of Ghana: counselling implications. *Ghana Journal of Education Issues and Practice (GJE)*. https://doi.org/10.47963/gje.v6i.524

16. **SD Fia** (2018). An Evaluation of the Guidance Services Offered by Counselling Centre of University of Cape Coast: Implications for Counselling. *Journal of Education and Practice*. https://scholar.google.com/scholar?cluster=3232805914147281482&hl=en&oi=scholarr

17. **SD Fia** (2018). Efficacies of integrative behavioural couple therapy (IBCT) and cognitive behavioural therapy (CBT) in reducing marital distress of Christians in Ghana. *Unpublished doctoral thesis–University of Cape Coast, Cape Coast*. https://ir.ucc.edu.gh/server/api/core/bitstreams/4a90b917-81e0-4936-a207-c6b509ffb427/content

18. Joshua Adebisi Omotosho, **Stephen Doh Fia**, Kwasi Otopa Antiri, Caroline Oye Otuei (2016). Preferred careers of senior high school students in Ghana: a revisit of Holland's career development theory. *Ghana Journal of Education Issues and Practice (GJE)*. https://doi.org/10.47963/gje.v2i.477

19. Albert Justice Kwarteng, **Stephen doh Fia** (2015). The Existing Culture Of Mathematics Teaching And Learning: A Case Of The Senior High Schools In Ghana. *Researchjournali's Journal of Education*. https://ir.ucc.edu.gh/server/api/core/bitstreams/78459cad-c43c-418e-af50-00ee9f71c7eb/content

20. **SD Fia** (2011). Evaluating counselling service as an intervention strategy for managing indiscipline in schools in Ho municipality. *Journal of Counselling, Education and Psychology*. https://scholar.google.com/scholar?cluster=9901540705040295744&hl=en&oi=scholarr

21. **SD Fia** (2008). An evaluation of counselling services as an intervention for school indiscipline in Ho Municipality. *Unpublished master's thesis, University of Education, Winneba: Ghana*. https://scholar.google.com/scholar?cluster=18815728431224434O&hl=en&oi=scholarr