Salome Amissah-Essel

Senior Lecturer · Department of Health, Physical Education and Recreation
University of Cape Coast

ORCID 0000-0003-3625-8612 · Google Scholar scholar.google.com/citations?user=lLiMgqEAAAAJ&hl=en · Profile scholar.ucc.edu.gh/staff/77fc2c41-43ee-4084-bcd8-40d5e876f344

RESEARCH

Interests	Health Education · Health Promotion · Maternal and Child Health
Areas	Clinical Psychology · Education · Epidemiology · Oncology · Nutrition and Dietetics · Public Health, Environmental and Occupational Health

RESEARCH SUMMARY

19	172	6	4	1.35	13%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 19 publications listed below, 2014–2026. Field-weighted impact is the mean over the 16 works scored for it; 1.00 is the world average for works of the same field, type and year. 2 of the 16 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Senior Lecturer
Health, Physical Education and Recreation, University of Cape Coast, Cape Coast, Ghana

PUBLICATIONS

Journal articles 18

1. Catherine Mensah, **Salome Amissah-Essel**, Nancy Innocentia Ebu Enyan (2026). Psychosocial Health Experiences and Coping Strategies of Family Caregivers of Adults With Cancer: A Qualitative Study. *Health Science Reports*. https://doi.org/10.1002/hsr2.71857
2. Richard Mensah, **Salome Amissah-Essel**, Jacob Owusu Sarfo (2026). Socio-demographic and food safety practices correlates of diarrhoea among mothers, nursing 6-12-month-old children in the Sekyere South District, Ghana. *Discover Public Health*. https://doi.org/10.1186/s12982-026-01898-y
3. Mah, F. J. (Forcham), Tambi, A. P. (Agborbechem), Nkepah, B. D. (Beyoh), **Amissah-Essel, S. (Salome)** (2026). Validity OF Participation Rate AND Physical Qualities on Learners' Performance in Individual Sports: A Study Using the Learner-Centric Performance Assessment Tool. *Neliti*.
4. Felicia Elinam Dzamesi, Esinam Ami Avornyo, **Salome Amissah-Essel** (2025). Ghanaian kindergarten teachers' curriculum knowledge and perspectives on play-based learning: does teacher qualification matter? *Early Years Journal of International Research and Development*. https://doi.org/10.1080/09575146.2025.2525966
5. Edward Wilson Ansah, Samuel Maneen, Augustine M-H. Gabla, Marian Tweneboa, Comfort Worna Lotse, Clara Araba Mills, **Salome Amissah-Essel** (2025). The Road to Ph.D.: A Scoping Review of Psychosocial Climate for Doctoral Students in Africa. *Global Journal of Transformative Education*. https://doi.org/10.14434/gjte.v5i1.36498
6. Lynn Strong, Kourtney Byrd, **Salome Amissah-Essel**, Cecilia Obeng (2024). Perceptions of Antenatal Care among Ghanaian Mothers. *Women*. https://doi.org/10.3390/women4030023
7. **S Amissah-Essel**, Nsiah-Asamoah (2023). Women's Perspectives on Human Milk Banking in Ghana: Results from a Preliminarily Cross-sectional Study. *Frontiers in Public Health,*.
8. Cecilia Obeng, Frederica Jackson, **Salome Amissah-Essel**, Christiana Nsiah-Asamoah, Cydne A. Perry, Ines

Gonzalez Casanova, Emmanuel Obeng-Gyasi (2023). Women's perspectives on human milk banking in Ghana: results from a cross-sectional study. *Frontiers in Public Health*. https://doi.org/10.3389/fpubh.2023.1128375

9. Wonder Andrea Yayra Amenuvor, Peace Mawufemor Wudagli, **Salome Amissah-Essel**, Nancy Innocentia Ebu Enyan (2023). 'I don't feel good about myself and sex': sexual health experiences of women with gynaecological cancer in Ghana. *African Journal of Midwifery and Women s Health*. https://doi.org/10.12968/ajmw.2022.0034
10. Cecilia Obeng, Frederica Jackson, Christiana Nsiah-Asamoah, **Salome Amissah-Essel**, Barnabas Obeng-Gyasi, Cydne A. Perry, Ines Gonzalez Casanova (2022). Human Milk for Vulnerable Infants: Breastfeeding and Milk Sharing Practice among Ghanaian Women. *International Journal of Environmental Research and Public Health*. https://doi.org/10.3390/ijerph192416560
11. Cecilia Obeng, **Salome Amissah-Essel**, Frederica Jackson, Emmanuel Obeng-Gyasi (2022). Preschool Environment: Teacher Experiences during the COVID-19 Pandemic in Ghana. *International Journal of Environmental Research and Public Health*. https://doi.org/10.3390/ijerph19127286
12. **Salome Amissah-Essel** (2022). Teachers' health and safety practices in early childhood care and development centres in Cape Coast Metropolis, Ghana: A sequential explanatory study. *International Journal of Child Health & Human Development*. https://openurl.ebsco.com/contentitem/gcd:162045165?sid=ebsco:plink:crawler-gcd&id=ebsco:gcd:162045165&crl=c&jrnl=19395965
13. Nancy Innocentia Ebu Enyan, Yaa Boahemaa Gyasi Aderoju, **Salome Amissah-Essel** (2022). 'She is my wife and I have to support her': exploring cervical cancer awareness and perceptions of married men in a Ghanaian community. *African Journal of Midwifery and Women s Health*. https://doi.org/10.12968/ajmw.2021.0055
14. **Salome Amissah-Essel**, Nancy Innocentia Ebu Enyan, Christiana Asiedu (2021). Hosting persons with mental illness: narrative study on the experiences of a female caregiver managing a mental home in Ghana. *Mental Health and Social Inclusion*. https://doi.org/10.1108/mhsi-07-2021-0041
15. **Salome Amissah-Essel**, John Elvis Hagan, Thomas Schack (2020). Assessing the Quality of Physical Environments of Early Childhood Schools within the Cape Coast Metropolis in Ghana Using a Sequential Explanatory Mixed-Methods Design. *European Journal of Investigation in Health Psychology and Education*. https://doi.org/10.3390/ejihpe10040081
16. **Salome Amissah-Essel** (2020). Assessment of institutional health and safety practices of early years schools in Cape Coast Metropolis, Ghana: a mixed methods approach. *Ghana Medical Journal*. https://doi.org/10.4314/gmj.v54i2.7
17. Nancy Innocentia Ebu, **Salome Amissah-Essel**, Christiana Asiedu, Selorm Akaba, Kingsley Asare Pereko (2019). Impact of health education intervention on knowledge and perception of cervical cancer and screening for women in Ghana. *BMC Public Health*. https://doi.org/10.1186/s12889-019-7867-x
18. **Salome Amissah-Essel**, Michael Agyei (2014). Job satisfaction and motivation levels of graduate teachers in Cape Coast, Ghana. *Journal of Educational Development and Practice*. https://doi.org/10.47963/jedp.v5i.965

Theses 1

1. **Salome Amissah-Essel** (2018). Determinants of Health and Safety Conditions of Early Childhood Care and Development Centres in Cape Coast Metropolis, Ghana. *University of Cape Coast*. https://ir.ucc.edu.gh/items/6b31c752-a03d-4c29-a6b6-8f161b51a0b2