mark amponsah

Associate Professor · Education Foundation
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PROFILE

Prof. Mark Kwaku Owusu Amponsah is an Associate Professor of Educational Psychology and currently the HOD at the Department of Education and Psychology, University of Cape Coast. His areas of research interest are Psychology of Teaching and Learning, Adjustment problems of different levels of education

Juvenile delinquency, Teacher Education and Stress Management . He has actively collaborated with other consultants and researchers to implement projects in Person-environment fit among secondary school teachers in Ghana, effective learning behaviours, curriculum delivery, and education improvement. He has over 40 publications in high impact Journals and graduated over 70 MPhil candidates and 10 PhDs.

He is currently working on psychological sense of belonging among students and jointly involved in a departmental project on “Assessment of the implementation of the Inclusive Education Policy in Ghana”.

RESEARCH

Interests	stress mamangement · learning behaviours of students · teacher education
Areas	Education · Social Psychology · Experimental and Cognitive Psychology · Clinical Psychology · Sociology and Political Science · Developmental and Educational Psychology

RESEARCH SUMMARY

46	390	11	12	2.47	28%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 46 publications listed below, 2009–2026. Field-weighted impact is the mean over the 25 works scored for it; 1.00 is the world average for works of the same field, type and year. 7 of the 25 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Associate Professor 2010–present
department of education and Psychology, University of Cape Coast Faculty of Educational Foundations, Cape Coast, Ghana

EDUCATION AND QUALIFICATIONS

PhD 2005–2009
school of education, University of Manchester,, Manchester, United Kingdom

DISTINCTIONS, MEMBERSHIPS AND SERVICE

Head of Department , Department of Education and Psychology, University of Cape Coast, Ghana
Cape Coast, Ghana

University Teachers Association of Ghana, Ghana Psychology Council
Cape Coast, Ghana

PUBLICATIONS

Journal articles 42

1. Robertson Mensah-Diawuo, **Mark Owusu Amponsah**, Matthew Tobechukwu Nwanamulu, Bismark Asare (2026). Influence of memory functioning on quality of life in stroke patients: the moderating role of social support. *BMC Psychology*. https://doi.org/10.1186/s40359-026-04492-8
2. Christian Nii Ashaley Annan, **Prof. Mark Kwaku Owusu Amponsah**, Dr. Benedicta Awusi Atiku, Mercy Ekua Mensah (2025). Disciplinary Measures on Perceived Academic Success among Senior High School Students in the Mfantsiman Municipality. *Social Science and Humanities Journal*. https://doi.org/10.18535/sshj.v9i12.2140
3. Rebecca Kaedabi-Donkor, **Mark Owusu Amponsah**, Bakari Yusuf Dramanu, Francis Britwum (2025). Gender and age variations in academic self-concept and academic achievement of distance learners at the college of distance education: a quantitative cross-sectional study. *Cogent Education*. https://doi.org/10.1080/2331186x.2025.2493013
4. Lebbaeus Asamani, **MO Amponsah**, PK Okyere (2025). Socio-Cultural Values in Academic Self-Concept: The Roles of Religiosity and Psychological Sense of Community in Academic Self-Concept of University Students. *Religion & Education*. https://doi.org/10.1080/15507394.2024.2439679
5. Daniel Miezah, Maxwell Peprah Opoku, Vivian Chetu Tigbe, Redeemer Gbewordoh, **Mark Kwaku Owusu Amponsah**, Ebenezer Mensah Gyimah (2025). Toward Promoting an Inclusive Society: Exploration of the Influence of Religiosity on Attitudes Towards Individuals with Intellectual Disability. *Journal of Disability & Religion*. https://doi.org/10.1080/23312521.2025.2481087
6. Francis Britwum, **Mark Owusu Amponsah**, Paul Kobina Effrim, Sandra Aidoo (2024). A two-way interaction effects of gender and age on emotional intelligence and academic achievement of students in the colleges of education in the Volta zone of Ghana. *Social Sciences & Humanities Open*. https://doi.org/10.1016/j.ssaho.2024.101074
7. **Mark Owusu Amponsah**, Kyei Anane Ampofo, Ruth Keziah Annan-Brew, Justice Dadzie (2024). Academic Resilience and Academic Engagement as Predictors of Academic Burnout among Postgraduate Students at the University of Cape Coast, Ghana. *International Journal of African Higher Education*. https://doi.org/10.6017/ijahe.v10i3.17959
8. Felix Senyametor, Might Kojo Abreh, **Mark Kwaku Owusu Amponsah**, Clara Araba Mills, Marie Afua Baah Bakah, Mohammed Alhassan Abango (2024). Do support services provided in distance education context matter in trainee teacher performance? *Cogent Education*. https://doi.org/10.1080/2331186x.2024.2398717
9. **Mark Owusu Amponsah** (2024). Prevalence and determinants of juvenile delinquency in Ghana. *Global Journal of Sociology Current Issues*. https://doi.org/10.18844/gjs.v14i2.9622
10. Inuusah Mahama, Nyuiemedi Agordzo Edoh-Torgah, Daniel Miezah, Christina Ammah, **Mark Owusu Amponsah** (2024). The predictive relationship between curiosity and internet addiction among tertiary students in Ghana. *Discover Psychology*. https://doi.org/10.1007/s44202-024-00233-3
11. **Mark Owusu Amponsah** (2023). Personality Traits Mediating Sense of Belonging and Academic Curiosity among Students in Ghana. *Education Research International*. https://doi.org/10.1155/2023/6834304
12. Dominic Owusu, Francis Arthur, Anthony Kwabena Nkyi, **Mark Owusu Amponsah**, Godwin Awabil, Stephen Doe Fia, Kwasi Otopa Antiri (2023). Profiling Differences in Burnout Among Senior High School Teachers in Ghana Based on Their Demographic Characteristics. *International Journal of Changes in Education*. https://doi.org/10.47852/bonviewijce32021809
13. Dr. Felix Senyametor, Vida Naa Abagbana, **Mark Owusu Amponsah**, Angelina Adu, Kwame Nkrumah (2023). Second cycle students' program choice and their aspired programmes at the tertiary level. *International Journal of Multidisciplinary Research and Growth Evaluation*. https://doi.org/10.54660/.ijmrge.2023.4.2.611-619
14. Angelina Adu, Felix Senyametor, **Mark Owusu Amponsah**, FO Sefa (2023). Stereotyping, Prejudice,

Collective Self-Esteem And Academic Achievement of Distance Education and Regular Students. *Journal of International Comparative Education*. https://doi.org/10.14425/jice.2023.12.2.0612

15. **Mark AMPONSAH**, Inuusah MAHAMA, Ebenezer TAKYİ-WADİEH (2022). An Examination of Curiosity and Academic Self-Concept among Students of Category "A" Senior High Schools in the Central Region of Ghana. *Participatory Educational Research*. https://doi.org/10.17275/per.22.95.9.4
16. **MO Amponsah** (2022). Assessing the influence of gender on self-regulated learning and academic engagement among senior high school students in Ghana. *European Journal of Educational and Development Psychology*. https://scholar.google.com/scholar?cluster=13763706649506390643&hl=en&oi=scholarr
17. Felix Senyametor, Emmanuel Dorsah, **Mark Owusu Amponsah**, Alfred Kwaku Ampah-Mensah (2022). Perceived Determinants of Students' Examination Corruption in Distance Education. *Journal of Online and Distance Learning*. https://doi.org/10.47941/jodl.1016
18. Dr. Dominic Owusu, Professor J.A Omotosho, **Dr. Mark Owusu Amponsah**, Dr. Anthony A. Nkyi, Sarfo, Esther Arthur (2021). Class Level Differences in Stress Experiences and Coping Strategies among Undergraduate Students. *Zenodo (CERN European Organization for Nuclear Research)*. https://doi.org/10.5281/zenodo.5778564
19. Maxwell Kontor Owusu, Bakari Yusuf Dramanu, **Mark Owusu Amponsah** (2021). Classroom Management Strategies and Academic Performance of Junior High School Students. *International Journal of Education and Management Engineering*. https://doi.org/10.5815/ijeme.2021.06.04
20. Dr. Felix Senyametor, **Dr. Mark Owusu Amponsah**, Banini Nutifafa, Prof. Koawo Edjah (2020). Predictability of Instructional Quality on Teacher Effectiveness in The Preparation of Teachers at The College of Distance Education University of Cape Coast. *Journal of Education and Practice*. https://doi.org/10.47941/jep.418
21. Ernest Kofi Davis, **Mark Owusu Amponsah**, Christopher Yaw Kwaah, Christopher Beccles (2019). Alignment of the planned and implemented curricula in Junior High School English Language, Mathematics and Science in three Districts in Ghana. *The Oguaa Educator*. https://doi.org/10.47963/toe.v13i.294
22. **MO Amponsah**, EK Gyimah, Lebbaeus Asamani (2019). IMPACT OF LEARNER BEHAVIOURS ON JUNIOR HIGH SCHOOL STUDENTS'ACADEMIC PERFORMANCE. *Journal of Psychological and Educational Research*. https://www.researchgate.net/profile/Mark-Amponsah-2/publication/338213727_IMPACT_OF_LEARNER_BEHAVIOURS_ON_JUNIOR_HIGH_SCHOOL_STUDENTS'_ACADEMIC_PERFORMANCE/links/5e076f69299bf10bc380bce6/IMPACT-OF-LEARNER-BEHAVIOURS-ON-JUNIOR-HIGH-SCHOOL-STUDENTS-ACADEMIC-PERFORMANCE.pdf
23. **MO Amponsah**, Lebbaeus Asamani (2019). PERSON-ENVIRONMENT FIT AND TURNOVER INTENTIONS OF SENIOR HIGH SCHOOL TEACHERS IN GHANA. *International Journal of Education & Psychology in the Community*. https://www.marianjournals.com/files/IJEPC_articles/Vol_9_no_1_and_2_2019/Nyarko_Sampson_Amponsah_Asamani_IJEPC_2019_1_2_149_172.pdf
24. **Mark Owusu Amponsah** (2019). Prevalence of dating violence and its impact on undergraduate students' learning at the University of Cape Coast, Ghana. *African Research Review*. https://doi.org/10.4314/afrrev.v13i3.11
25. **mark amponsah** (2018). HEAD TEACHERS'PERCEPTION OF THE INFLUENCE OF THEIR ROLE BEHAVIOURS ON STUDENTS ACADEMIC PERFORMANCE IN THE BEREKUM MUNICIPALITY. *British Journal of Education*. https://ir.ucc.edu.gh/server/api/core/bitstreams/985ccea7-4918-4f30-8d0c-fe4ab5b7b402/content
26. **Mark Owusu Amponsah**, Eugene Yaw Milledzi, Eric Twum Ampofo, Martin Gyambrah (2018). Relationship between Parental Involvement and Academic Performance of Senior High School Students: The Case of Ashanti Mampong Municipality of Ghana. *American Journal of Educational Research*. https://doi.org/10.12691/education-6-1-1
27. Christina Boateng, W Boateng, **MO Amponsah** (2018). Socio-psychological predictors of job satisfaction among academic staff of universities in Ghana. *The Online Journal of New Horizons in Education*. https://tojdel.net/journals/tojned/volumes/tojned-volume08-i03.pdf#page=156

28. Eugene Yaw Milledzi, Gabriel Keney, **Mark Owusu Amponsah** (2017). Impact of School Feeding Programme on Access to Basic Education: The Case of South Tongu District of the Volta Region, Ghana. *International Journal of Education*. https://doi.org/10.5296/ije.v9i4.12124
29. Milledzi Eugene Yaw, **Mark Owusu Amponsah** (2017). Impact of school feeding programme on access to basic education: the case of South Tongu district of the Volta region, Ghana: Impact of school feeding programme on access to …. *Ghana Journal of Education: Issues and Practice (GJE)*. https://journal.ucc.edu.gh/index.php/gje/article/download/489/299
30. Eugene Yaw Milledzi, **Mark Owusu Amponsah**, Lebbaeus Asamani (2017). Impact of socio-demographic factors on job satisfaction among academic staff of universities in Ghana. *International Journal of Research Studies in Education*. https://doi.org/10.5861/ijrse.2017.1729
31. **Mark Owusu Amponsah** (2017). Stress levels and management strategies among distance education students. *International review of social sciences and humanities*. https://www.academia.edu/download/88968582/4_IRSSH-1291-V12N2.6892200.pdf
32. **Mark Owusu Amponsah** (2017). The role of incentives in employee retention in Ghana: A case study of SMEs within Ghana industrial and commercial estate limited. *International Journal of Sciences: Basic and Applied Research*. https://ir.ucc.edu.gh/server/api/core/bitstreams/4fa3c6a6-5f4a-4b4b-885d-a718fc829ef8/content
33. L Asamani, **MO Amponsah** (2017). Workplace violence: The ripple ecological effects. *British Journal of Psychology Research*. https://scholar.google.com/scholar?cluster=3608242346178348401&hl=en&oi=scholarr
34. **MO Amponsah**, Lebbaeus Asamani (2015). Personality traits of teachers and desired leadership styles. *British Journal of Psychology Research*. https://ir.ucc.edu.gh/server/api/core/bitstreams/7f388fe6-979b-46e6-95d8-e7deb1f0ffd7/content
35. **MO Amponsah** (2014). Assessment of the relevance and experience of undergraduate internship programme: A focus on University of Cape Coast psychology students in Ghana. *Journal of Education and Practice*. https://scholar.google.com/scholar?cluster=15715037149736129313&hl=en&oi=scholarr
36. Emmanuel Kofi Gyimah, **Mark Owusu Amponsah** (2013). Cypriot Journal of Educational Sciences. *Cypriot Journal of Educational Sciences*. https://www.academia.edu/download/45797757/Adu-Gyamfi_et_al_CJES.pdf
37. **MO Amponsah** (2013). The influence of teachers' classroom practices on the self-concept of primary school pupils with disabilities. *Journal of emerging trends in educational research and policy studies*. https://doi.org/10.10520/ejc142156
38. EK Gyimah, **Mark Owusu Amponsah** (2012). Assessment of junior high school students' awareness of climate change and sustainable development in central region, Ghana. *Educational Research Journal*. https://www.researchgate.net/profile/Mark-Amponsah-2/publication/321937809_Assessment_of_junior_high_school_students'_awareness_of_climate_change_and_sustainable_development_in_central_region_Ghana/links/5a4399eaaca272d2945ba5b9/Assessment-of-junior-high-school-students-awareness-of-climate-change-and-sustainable-development-in-central-region-Ghana.pdf
39. **mark amponsah** (2012). Journal of Development and Agricultural Economics. *Journal of Development and Agricultural Economics*. https://academicjournals.org/articles/j_articles/JDAE
40. **Mark Kwaku Owusu Amponsah**, H. O. Owolabi (2011). Perceived Stress Levels of Fresh University Students in Ghana: A Case Study. *HAL (Le Centre pour la Communication Scientifique Directe)*.
41. **M Owusu Amponsah** (2011). Workstress and marital relations. *Educational Research*. https://ir.ucc.edu.gh/server/api/core/bitstreams/87212d1f-5054-49e5-8443-9d3a8da672a6/content
42. **Mark Owusu Amponsah** (2010). Non UK university students stress levels and their coping strategies. *Educational Research*. https://ir.ucc.edu.gh/server/api/core/bitstreams/44ac0a51-0477-4533-af88-bcacb148552d/content

Book chapters 1

1. Daniel Miezah, Inuusah Mahama, **Mark Kwaku Owusu Amponsah**, Ahmed Moustafa (2024). Mental health states and impulsivity: role of stress, depression, and anxiety. *Elsevier eBooks*. https://doi.org/10.1016/b978-0-443-13437-1.00017-3

Reports 2

1. EK Gyimah, **Mark Owusu Amponsah** (2015). Teachers' perceptions about the effects of children's experiences of learning on their later emotional and social development. *Distance Education and Teachers' Training in Africa (DETA)*. https://repository.up.ac.za/items/4c69fac5-dd51-4060-a6ab-32a51d9cde50
2. EK Gyimah, **Mark Owusu Amponsah** (2014). Factors accounting for pupils' pattern of errors in English language written expression: Implication for teaching and learning. *University of Cape Coast*. https://ir.ucc.edu.gh/items/dcb40a7b-52db-47a6-b901-d5c094c11099

Theses 1

1. **Mark Kwaku Owusu Amponsah** (2009). Non-UK University Students' Stress Levels and Their Coping Strategies. *PQDT-Global*. https://search.proquest.com/openview/c52a7edf3235603e677368b663864086/1?pq-origsite=gscholar&cbl=2026366&diss=y