Prof. Jerry Paul Ninnoni

Senior Lecturer · Nursing and Midwifery
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RESEARCH

Interests	depression · anxiety · stigma · addiction · substance abuse
Areas	Clinical Psychology · General Health Professions · Public Health, Environmental and Occupational Health · Social Psychology · Emergency Medicine · Epidemiology

RESEARCH SUMMARY

48	673	14	18	2.29	32%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 48 publications listed below, 2010–2026. Field-weighted impact is the mean over the 34 works scored for it; 1.00 is the world average for works of the same field, type and year. 11 of the 34 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Lecturer 2014–present
School of Nursing and Midwifery, University of Cape Coast, Cape Coast, Ghana

part time lecturer 2013–2014
School of Nursing, Robert Gordon University, Aberdeen, United Kingdom

Staff nurse (Mental Health) 2006–2013
Mental heatlh Nursing, Royal Cornhill Hospital, Aberdeen, United Kingdom

EDUCATION AND QUALIFICATIONS

MBA 2011–2012
Shool of Business studies, Robert Gordon University, Aberdeen, United Kingdom

PhD 2007–2011
School of Nursing and midwifery, Robert Gordon University, Aberdeen, United Kingdom

PostGrad Certificate (Research Methods) 2006–2007
School of Nursing and Midwifery, Robert Gordon University, Aberdeen, United Kingdom

Bachelor of Nursing (Mental Health) 2003–2006
School of Nursing and Midwifery, Robert Gordon University, Aberdeen, United Kingdom

PUBLICATIONS

Journal articles 44

1. **Jerry Paul K. Ninnoni**, Isaac Tetteh Commey, Emmanuel Budu Harmah, Mustapha Amoadu, Rita Opoku-Danso (2026). Gender differences in coping strategies and mental health outcomes among people living with chronic medical conditions. *Discover Social Science and Health*. https://doi.org/10.1007/s44155-026-00479-3
2. **Jerry Paul K. Ninnoni**, Ignatius N. Ijere, Isaac Tetteh Commey, Mustapha Amoadu (2026). Modelling the associations between faculty support and academic satisfaction among nursing students: Mediating roles of sleep problems and smartphone addiction. *PLOS mental health.*. https://doi.org/10.1371/journal.pmen.

0000504

3. **Jerry Paul K. Ninnoni**, Isaac Tetteh Commey, Emmanuel Budu Harmah, Mustapha Amoadu (2025). Mental health issues, coping mechanisms, and COVID-19 vaccine acceptance among chronically ill patients in tertiary health facilities in Central Region, Ghana. *Discover Mental Health*. https://doi.org/10.1007/s44192-025-00241-2
4. Mustapha Amoadu, William Akoto-Buabeng, Isaac Tetteh Commey, Frederick Acheampong Nimo, Edward Odoom, Godfred Cobbinah, Jones Abekah Baah, **Jerry Paul K. Ninnoni** (2025). Prevalence and severity of depression among heavy goods vehicle drivers in Ghana. *Journal of Affective Disorders Reports*. https://doi.org/10.1016/j.jadr.2025.101016
5. Susanna Aba Abraham, Frederick Nsatimba, Dorcas Frempomaa Agyare, Joyce Agyeiwaa, Rita Opoku-Danso, **Jerry Paul Ninnoni**, Patience Fakornam Doe, Benjamin Osei Kuffour, Benjamin Kofi Anumel, Gifty Osei Berchie, Christian Makafui Boso, Andrews Agyei Druye, Christiana Okantey, Gifty Owusu, Paul Obeng, Mustapha Amoadu, Isaac Tetteh Commey (2024). Barriers and outcomes of therapeutic communication between nurses and patients in Africa: a scoping review. *BMC Nursing*. https://doi.org/10.1186/s12912-024-02038-0
6. Mustapha Amoadu, **Jerry Paul K Ninnoni**, Isaac Tetteh Commey, Susanna Aba Abraham, Jacob Owusu Sarfo (2024). Discover Psychology. *Discover*. https://d-nb.info/135270756X/34
7. Patience Fakornam Doe, Andrews Adjei Druye, Theodora Dedo Azu, Christian Makafui Boso, Isaac Tetteh Commey, Dorcas Frempomaa Agyare, Joyce Agyeiwaa, Gifty Osei Berchie, Rita Opoku-Danso, Gifty Owusu, ... **Jerry Paul Ninnoni** and 12 others (2024). Ownership and usage of insecticide-treated nets in Ghana: a scoping review of facilitators and barriers. *Malaria Journal*. https://doi.org/10.1186/s12936-024-05072-0
8. Eugene K. M. Darteh, **Jerry Paul K. Ninnoni**, Joshua Okyere, Florie Darteh, Johannes John-Langba, Kwamena Sekyi Dickson (2024). Perceived discrimination, anxiety and mood disorders among university students during the COVID-19 era: evidence from a cross-sectional survey in a Ghanaian public university. *Frontiers in Psychology*. https://doi.org/10.3389/fpsyg.2023.1274585
9. Anthony Kwabena Nkyi, **Jerry Paul K. Ninnoni** (2024). Purpose in life, loneliness and depression among patients with substance use disorders in the psychiatric hospitals in Ghana. *PLoS ONE*. https://doi.org/10.1371/journal.pone.0299391
10. Isaac Tetteh Commey, Mustapha Amoadu, Paul Obeng, Christiana Okantey, Christian Makafui Boso, Dorcas Frempomaa Agyare, Andrews Adjei Druye, Rita Opoku-Danso, **Jerry Paul K. Ninnoni**, Frederick Nsatimba, Susanna Aba Abraham, John Elvis Hagan (2024). Sexting among College Students in Africa: A Scoping Review of Prevalence, Risk Factors, and Impact. *Sexes*. https://doi.org/10.3390/sexes5030022
11. **Jerry Paul Ninnoni**, Frederick Nsatimba, Sampson Opoku Agyemang, Isaac Tetteh Commey, Lydia Bennin, Elizabeth Agyare, Leveana Gyimah, Kafui Senya, Nyonuku Akosua Baddoo, Dorcas Obiri-Yeboah (2023). An exploratory qualitative study of the psychological effects of HIV diagnosis; the need for early involvement of mental health professionals to improve linkage to care. *BMC Public Health*. https://doi.org/10.1186/s12889-023-17449-y
12. **Jerry Paul Ninnoni**, Sampson Opoku Agyemang, Lydia Bennin, Elizabeth Agyare, Leveana Gyimah, Kafui Senya, Nyonuku Akosua Baddoo, Francis Annor, Dorcas Obiri-Yeboah (2023). Coping with loneliness and stigma associated with HIV in a resource-limited setting, making a case for mental health interventions; a sequential mixed methods study. *BMC Psychiatry*. https://doi.org/10.1186/s12888-023-04643-w
13. Comfort Nsiah, **Jerry Paul Kukye-Ayiri Ninnoni**, Mate Siakwa, Francis Nsiah (2023). Exploring the Implications of Patient Advocacy Outcomes among Practicing Nurses within the Hospital Context: A Qualitative Research. *Open Journal of Nursing*. https://doi.org/10.4236/ojn.2023.1312057
14. Isaac Tetteh Commey, **Jerry Paul K. Ninnoni**, Evelyn Asamoah Ampofo, Daniel Miezah (2023). Living with Schizophrenia: the role of interpersonal relationships. *Discover Psychology*. https://doi.org/10.1007/s44202-023-00071-9
15. **Jerry Paul K. Ninnoni**, Benedicta Owoo (2023). Psychosocial experiences of caring by family caregivers of patients living with prostate cancer in a teaching hospital: A descriptive phenomenological study. *Nursing Open*. https://doi.org/10.1002/nop2.1869

16. Benedicta Owoo, **Jerry Paul Ninnoni**, Evelyn Asamoah Ampofo, Abdul-Aziz Seidu (2022). Challenges encountered by family caregivers of prostate cancer patients in Cape Coast, Ghana: a descriptive phenomenological study. *BMC Palliative Care*. https://doi.org/10.1186/s12904-022-00993-6

17. Isaac Tetteh Commey, **Jerry Paul K. Ninnoni**, Evelyn Asamoah Ampofo (2022). Coping with personal care and stigma: experiences of persons living with schizophrenia. *BMC Nursing*. https://doi.org/10.1186/s12912-022-00891-5

18. Sampson Opoku Agyemang, **Jerry Ninonni**, Lydia Bennin, Elizabeth Agyare, Leveana Gyimah, Kafui Senya, Emmanuel Birikorang, Emmanuel Nii-Boye Quarshie, Nyonuku Akosua Baddoo, Stephen Ayisi Addo, Dorcas Obiri-Yeboah (2022). Prevalence and associations of depression, anxiety, and stress among people living with HIV: A hospital-based analytical cross-sectional study. *Health Science Reports*. https://doi.org/10.1002/hsr2.754

19. Sampson Opoku Agyemang, **Jerry Paul Ninnoni**, Nancy Innocentia Ebu Enyan (2022). Prevalence and determinants of depression, anxiety and stress among psychiatric nurses in Ghana: a cross-sectional study. *BMC Nursing*. https://doi.org/10.1186/s12912-022-00964-5

20. Benedicta Owoo, **Jerry Paul K. Ninnoni**, Evelyn Asamoah Ampofo, Abdul-Aziz Seidu (2022). "I always find myself very tired and exhausted": The physical impact of caring; a descriptive phenomenological study of the experiences of prostate cancer caregivers in Cape Coast, Ghana. *PLoS ONE*. https://doi.org/10.1371/journal.pone.0268627

21. Edward Kwabena Ameyaw, Linus Baatiema, Bright Opoku Ahinkorah, Abdul-Aziz Seidu, **Jerry Paul Ninnoni**, John Kuumuori Ganle (2021). Ghanaian women's knowledge on whether malaria treatment is covered by the national health insurance: A multilevel regression analysis of national data. *BMC Public Health*. https://doi.org/10.1186/s12889-021-12290-7

22. Richard Kobina Dadzie Ephraim, Evans Duah, Charles Nkansah, Samuel Amoah, Emmanuel Fosu, Justice Afrifa, Felix Botchway, Perditer Okyere, Samuel Essien-Baidoo, Kofi Mensah, Dorcas Serwaa, Samuel Asamoah Sakyi, Prince Adoba, Linda Ahenkorah Fondjo, **Jerry Paul Ninnoni**, Yaa Boahemaa Gyasi Aderoju (2021). Psychological impact of COVID-19 on diabetes mellitus patients in Cape Coast, Ghana: a cross-sectional study. *PubMed*. https://doi.org/10.11604/pamj.2021.40.76.26834

23. **Jerry Paul K Ninnoni** (2021). Recovery, stigma and COVID-19: a difficult puzzle. *British Journal of Mental Health Nursing*. https://doi.org/10.12968/bjmh.2020.0028

24. Wahab Osman, **Jerry P.K. Ninnoni**, Michael T. Anim (2021). Use of the nursing process for patient care in a Ghanaian Teaching Hospital: A cross sectional study. *International Journal of Africa Nursing Sciences*. https://doi.org/10.1016/j.ijans.2021.100281

25. Anthony K. Nkyi, **Jerry Paul K. Ninnoni** (2020). Depression, Purpose in Life, Loneliness and Anxiety Among Patients with Substance Use Disorders in Ankaful Psychiatric Hospital in Ghana. *Journal of Psychosocial Rehabilitation and Mental Health*. https://doi.org/10.1007/s40737-020-00190-9

26. Nancy Innocentia Ebu Enyan, Andrews Adjei Druye, **Jerry Paul Ninnoni**, Christiana Okantey, Evelyn Asamoah Ampofo, Anna Hayfron-Benjamin, Patience Fakornam Doe, Richard Sarfo-Walters (2020). Preceptor Evaluation of Graduate Nursing Students' Clinical Learning in Ghana.

27. **Jerry Paul K. Ninnoni** (2019). A qualitative study of the communication and information needs of people with learning disabilities and epilepsy with physicians, nurses and carers. *BMC Neurology*. https://doi.org/10.1186/s12883-018-1235-9

28. Faisal Mahama, **Jerry P. K. Ninnoni** (2019). Assessment and Management of Postoperative Pain among Nurses at a Resource-Constraint Teaching Hospital in Ghana. *Nursing Research and Practice*. https://doi.org/10.1155/2019/9091467

29. Comfort Nsiah, Mate Siakwa, **Jerry P. K. Ninnoni** (2019). Barriers to practicing patient advocacy in healthcare setting. *Nursing Open*. https://doi.org/10.1002/nop2.436

30. Richard Anthony, Ruth C. Brenyah, Kwame O. Darkwah, Blessing C. Egbule, **Jerry P. K. Ninnoni**, Christiana Okantey, Richard K. D. Ephraim (2019). Hepatitis B Infection in People Living with HIV/AIDS; A Retrospective Study of the Effia Nkwanta Regional Hospital. *Journal of Advances in Medicine and Medical Research*. https://doi.org/10.9734/jammr/2019/v29i830108

31. Comfort Nsiah, Mate Siakwa, **Jerry P. K. Ninnoni** (2019). Registered Nurses' description of patient advocacy in the clinical setting. *Nursing Open*. https://doi.org/10.1002/nop2.307

32. David Abdulai Salifu, Janet Gross, Mohammed Awal Salifu, **Jerry PK Ninnoni** (2018). Experiences and perceptions of the theory-practice gap in nursing in a resource-constrained setting: A qualitative description study. *Nursing Open*. https://doi.org/10.1002/nop2.188

33. Stephen Kpekura, **Jerry P. K. Ninnoni**, Samuel V. Nuvor (2018). Knowledge and attitude of patients with diabetes in government hospitals in the Upper West Region of Ghana. *International Journal of Community Medicine and Public Health*. https://doi.org/10.18203/2394-6040.ijcmph20183565

34. Ruth Nimota Nukpezah, Samuel Victor Nuvor, **Jerry Ninnoni** (2018). Knowledge and practice of exclusive breastfeeding among mothers in the tamale metropolis of Ghana. *Reproductive Health*. https://doi.org/10.1186/s12978-018-0579-3

35. **Jerry Paul Ninnoni** (2018). The Effects of Stigma on Mental Health Nurses: A study at Ankaful Psychiatric Hospital. *NUMID HORIZON: An International Journal of Nursing and Midwifery*.

36. **Jerry PK Ninnoni** (2017). Barriers to Accessing Maternity Care among Expectant Mothers at Tamale Teaching Hospital. *International Journal of Novel Research and Heslthcare*. https://ir.ucc.edu.gh/server/api/core/bitstreams/132256bf-2918-48b7-9258-0bc21f9beb3e/content

37. **Jerry Paul K Ninnoni**, EA Ampofo (2017). Barriers to Communication: The Views of People with Learning Disabilities with Epilepsy and their Careers. *Journal of Health, Medicine and Nursing*. https://ir.ucc.edu.gh/items/ec8abbda-cd91-4658-a8bc-4511c951c506

38. Richard K. D. Ephraim, Yaw A. Awuku, Patrick Adu, Lord T. W. Ampomah, Prince Adoba, Solomon Panford, **Jerry P. K. Ninnoni**, Hope Agbodzakey (2017). High risk of coagulopathy among Type-2 Diabetes Mellitus clients at a municipal hospital in Ghana. *Ghana Medical Journal*. https://doi.org/10.4314/gmj.v51i3.2

39. **Jerry Paul Ninnoni** (2017). Utilisation of the nursing process for patient care in Ghana: The case of nurses of Tamale teaching hospital. *Unpublished doctoral dissertation). University of Cape Coast, Cape Coast, Ghana*. https://www.academia.edu/download/106343657/WAHAB_202017.pdf

40. **JP Ninnoni** (2016). As I see it: the cry of the community psychiatric nurse in Ghana. *Pyrex J Nurs Midwifery*. https://www.researchgate.net/profile/Peter-Adatara/publication/311535710_As_I_See_It_The_Cry_of_the_Community_Psychiatric_Nurse_in_Ghana/links/584ae81308aecb6bd8bf7cbe/As-I-See-It-The-Cry-of-the-Community-Psychiatric-Nurse-in-Ghana.pdf

41. **Jerry Paul Ninnoni** (2016). Communication Strategies: The Views of People with Learning Disabilities with Epilepsy and Their Carers. *Ann Nurs Pract*. https://ir.ucc.edu.gh/items/e4984ce4-2786-4f37-bde9-59f959910bcd

42. **Ninnoni** (2016). Depression and Anxiety among HIV/AIDS patients on HAART: A cross-sectional study of the Cape Coast Metropolis. *African Journal of Nursing and Health Issues*.

43. Confidence Alorse Atakro, **Jerry Paul Ninnoni**, Peter Adatara, Janet Gross, Michael Agbavor (2016). Qualitative Inquiry into Challenges Experienced by Registered General Nurses in the Emergency Department: A Study of Selected Hospitals in the Volta Region of Ghana. *Emergency Medicine International*. https://doi.org/10.1155/2016/6082105

44. **Jerry Paul Ninnoni** (2016). The Views of People with Learning Disabilities with Epilepsy Communication with Carers and Healthcare Professionals. *Ann Nurs Pract*. https://ir.ucc.edu.gh/items/10684429-bec7-4f85-ac5d-d3a30113fd2d

Book chapters 1

1. **Jerry Paul Ninnoni** (2010). Promotion of autonomy in clients with learning disabilities. *Forensic Mental Health Nursing: Ethics, Debates, Dilemmas*.

Reports 2

1. **Jerry PK Ninnoni** (2020). Utilization of sexual and reproductive health services among students: Insight from a Ghanaian University. *University of Cape Coast*. https://ir.ucc.edu.gh/server/api/core/bitstreams/07b83f7e-6e5b-4c4b-9ddb-cf7ba15346f3/content
2. **Jerry Paul Ninnoni** (2018). The knowledge-practice gap: Evidence-based practice for acute stroke care in Ghana. *ACU Research Bank*. https://acuresearchbank.acu.edu.au/server/api/core/bitstreams/3df5e59a-5b41-4b56-af6a-d684acda3071/content

Theses 1

1. **Jerry Paul Ninnoni** (2018). Lived Experiences of People with Ostomies in the Accra metropolis. *Doctoral dissertation 2018, University of Cape Coast*. https://ir.ucc.edu.gh/server/api/core/bitstreams/34187de5-90cd-4c39-bfa9-bcc9d8ecee9f/content