Felix Yirdong

Assistant Lecturer · Psychological Medicine & Mental Health
University of Cape Coast

ORCID 0000-0002-7349-6014 · Email fyirdong@ucc.edu.gh · Email yirdf177@newschool.edu · Email felix.yirdong31@login.cuny.edu · Google Scholar scholar.google.com/citations?user=dYiWsk0AAAAJ&hl=en · Profile scholar.ucc.edu.gh/staff/3398cefd-5f07-4c74-b706-6d9119869090

RESEARCH

Interests	Clinical Health Psychology · Psychology of Religion · Psychology of Emotions · Psychological Distress and HIV/AIDS · Suicidal Studie
Areas	Genetics · Health · Public Health, Environmental and Occupational Health · Reproductive Medicine · Sociology and Political Science · Demography

RESEARCH SUMMARY

17	80	5	2	1.10	0%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 17 publications listed below, 2012–2026. Field-weighted impact is the mean over the 7 works scored for it; 1.00 is the world average for works of the same field, type and year. 0 of the 7 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Doctoral Student 2023–present
Psychology, The Graduate Center, CUNY, New York, United States

PUBLICATIONS

Journal articles 15

1. **Felix Yirdong** (2026). Anticipated Emotional Reactions as Indicators of Adolescents' Perceived Social (dis) Connectedness During the Moment of Suicidal Crisis: A Reflexive Thematic Analysis. *Child Psychiatry & Human Development*. https://doi.org/10.1007/s10578-026-01966-z
2. **Felix Yirdong** (2026). Dimensions of emotion dysregulation and childhood adversities differentiate young adults with histories of suicide ideation and attempts. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*. https://psycnet.apa.org/journals/cri/47/1/9/
3. **Felix Yirdong** (2026). Psychological correlates distinguish suicide ideation, suicide planning, and suicide attempts among young adults. *Death Studies*. https://doi.org/10.1080/07481187.2026.2668351
4. Stephen Mensah Arhin, Kwesi Boadu Mensah, Isaac Tabiri Henneh, **Felix Yirdong**, Evans Kofi Agbeno, Charles Ansah, Martins Ekor (2025). Coping strategies of Ghanaian couples after unsuccessful infertility treatment: An exploratory qualitative study. *PLoS ONE*. https://doi.org/10.1371/journal.pone.0326923
5. **Felix Yirdong** (2025). Correlates of suicidal ideation and suicide attempts among bisexual+, gay/lesbian, and heterosexual young adults. *British Journal of Clinical Psychology*. https://doi.org/10.1111/bjc.12525
6. **Felix Yirdong** (2024). Reduced attentional control in individuals with a history of suicide attempts compared to those with suicidal ideation: Results from a systematic review and meta-analysis. *Journal of affective disorders*. https://www.sciencedirect.com/science/article/pii/S0165032723015501
7. Stephen M. Arhin, Kwesi B. Mensah, Evans K. Agbeno, **Felix Yirdong**, Kwame Opoku-Agyeman, Charles Ansah (2023). Psychological distress of Ghanaian couples after unsuccessful treatment for infertility. *Ghana Medical Journal*. https://doi.org/10.4314/gmj.v57i4.4
8. **Felix Yirdong**, Michael T. Anim, Anthony K. Nkyi, Frederick Ocansey (2023). Religious coping and

depressive symptoms in people living with HIV in Ghana. *Mental Health Religion & Culture*. https://doi.org/10.1080/13674676.2022.2164567

9. Michael T. Anim, Charles Atanga Adongo, **Felix Yirdong** (2022). African cultural values in the biopsychosocial-spiritual care model to manage psychological symptoms in adults with sickle cell disease in Ghana, West Africa. *Mental Health Religion & Culture*. https://doi.org/10.1080/13674676.2021.2025351
10. **Felix Yirdong**, Sebastian Eliason, Frank N. Ghartey, Evans Ekenam, Kingsley K. A. Pereko, Emmanuel Okai, Felix Yiridong, Oheneba C. K. Hagan, Paul Nsiah (2020). Anthropometric indices and cardiometabolic risk factors in a Ghanaian adolescent population. *Journal of Pediatric Endocrinology and Metabolism*. https://doi.org/10.1515/jpem-2020-0273
11. Oheneba C.K. Hagan, Paul Nsiah, Dorcas Obiri-Yeboah, **Felix Yirdong**, Isaac Annan, Sebastian Eliason, Samuel V. Nuvor (2018). Impact of universal childhood vaccination against hepatitis B in Ghana: A pilot study. *Journal of Public Health in Africa*. https://doi.org/10.4081/jphia.2018.721
12. Michael Tetteh Anim, Joseph Osafo, **Felix Yirdong** (2016). Prevalence of psychological symptoms among adults with sickle cell disease in Korle-Bu Teaching Hospital, Ghana. *BMC Psychology*. https://doi.org/10.1186/s40359-016-0162-z
13. LD Forde, **F Yirdong**, CK Ackom (2015). Prevalence of depression and low self-esteem among medical students in the University of Cape Coast, Ghana. *Nigerian Journal of Guidance and Counselling*. https://scholar.google.com/scholar?cluster=3993226318094491 6&hl=en&oi=scholarr
14. **Felix Yirdong**, A Bockarie, A Anyanful (2014). HEPATITIS B VIRUS-KNOWLEDGE, ATTITUDE AND PRACTICES AMONG TAXI DRIVERS IN CAPE COAST METROPOLIS, GHANA. *prevalence*. https://www.academia.edu/download/45266725/4.pdf
15. Michael T Anim, **F Yirdong** (2013). Effects of sleep deprivation on students' learning: a study of medical students in University of Cape Coast. *Journal of Counselling, Education, and Psychology*. https://www.academia.edu/download/95937587/Counselling_20Journal_20article_20reviewed_20Aug_202012.pdf

Reports 2

1. **Felix Yirdong** (2012). A Study of Work Related Depression, Anxiety and Stress of Nurses at. *University of Cape Coast*. https://ir.ucc.edu.gh/items/0885e184-e7b1-4c3a-9b3f-38e4668f1ed7
2. **Felix Yirdong**, Michael T Anim (2012). Effects of sleep deprivation on students' learning: a study of medical students in University of Cape Coast. *University of Cape Coast*. https://ir.ucc.edu.gh/items/68f019b7-bd60-4f49-b90e-bceb6bd46b96